

AIM HIGH



PRACTICAL STEPS TO IMPROVE CONFIDENCE

**Free 5 week course for gay and
bisexual men in Sheffield**

Tuesdays 7pm-9pm

City centre venue

Men of all ages, abilities and backgrounds welcome. To register your interest or for further information text or phone 07974 971577, email support@shoutinsheffield.co.uk or visit www.shoutinsheffield.co.uk

Organised by Shout! - the gay and bisexual men's health advice and support service. Shout! is open Thursdays 6.30-9.30pm at The Circle Find us on Facebook and Twitter



Starts Tuesday 19 Oct