



**Celebrating and promoting healthy lesbian, gay and bisexual communities in Sheffield**

**Saturday 16th April 2011, 9.30am-6.00pm,  
St Mary's Conference Centre, Bramall Lane**

Now in its ninth year, 'Spring Out' is a free LGB community event providing participants with an opportunity to take part in discussions and workshops on issues affecting the health and well-being of our communities as well as all the usual fun, relaxing and exciting workshops that this event is famous for (e.g. arts and crafts, dance workshops, discussion groups).

This is a highly popular event, so we advise you to book early to avoid disappointment. If you would like to attend 'Spring Out' then please contact us at [sheffield.gay@nhs.net](mailto:sheffield.gay@nhs.net) with your postal/contact details and any special dietary or other requirements you might have.

*These details will only be used for the event and will not be passed on.*

If you have any questions or require further information about this event please contact the Centre for HIV and Sexual Health on tel: 0114 226 1900

